



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of APRIL 2025

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	3	677
JDN(Less than 40)		128
SSS I	3	326
SSS II		283
SSS III		239
PPS	2	361
CGP		37
AMS	-	133
PEPS		10
KHS	-	380
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400


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2.BRANCH MEETING

I) EXECUTIVE COMMITTEE MEETINGS

09.04.2025: EXECUTIVE COMMITTEE MEETING

Executive Committee Meeting on 09.04.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 33 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith Valappil (Secretary IMA Thalassery).


**INDIAN MEDICAL ASSOCIATION
THALASSERY**

SEVENTH EXECUTIVE COMMITTEE MEETING

Dear Doctor,
Notice is hereby issued for Seventh Executive Committee Meeting of the IMA year 2024'-25, to be convened at **Lions Hall,Opp.PWD Rest House,Thalassery, on Wednesday, 9th April 2025 between 8.00 pm and 9.15pm.**
Kindly attend on time, without fail.

AGENDA


1. Opening remarks from the chair.	2. Review of activities till date.
3. Planning of activities until next Executive Meeting	5. Other matters with the permission of the chair.

SPONSORS

**DR.ANAND K
DR.PREEJA K P
DR.PRIYA P R
DR.PUSHPARAJ S R
DR. SUDHAKARAN KOMATH
DR. SHEELA SUDHAKARAN**

Sd/-
Dr.Nadeem Abootty (President)
Dr.Sreejith Valappil (Secretary)
Dr.Deepa Divakaran (Treasurer)

Dinner will be served from 7.30pm onwards



II) GENERAL BODY MEETING

23.04.2025: GENERAL BODY MEETING

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty (President IMA Thalassery) welcomed the attendees. Dr. Sreejith V (Secretary IMA Thalassery) proposed a vote of thanks. A total of 34 members attended the meeting.



Dear Dr,
You are cordially invited to attend the General Body cum CME, which will be held at 7.30pm on Wednesday, 23rd April 2025, at Lions Hall, Thalassery.

AGENDA
1. General Body Meeting (8.00pm to 8.45pm)
2. CME (8.45pm to 9.15 pm)
"Neuro Rehabilitation and Post stroke Recovery"



Speaker
Dr. Sreejith Choorapra
MD (PM&R), DNB, FIPM
Neuro rehabilitation specialist Thanal
Brain and Spine Medcity, Kannur

Dr. Nadeem Abootty
President IMA Thy

Dr. Sreejith V
Secretary IMA Thy

Dr. Deepa Divakaran
Treasurer IMA Thy



3. BRANCH CHAPTERS

AMS

23.04.2025: CME

IMA Thalassery in association with AMS Thalassery conducted an academic meeting on 23.04.2025 . CME on “Neuro Rehabilitation and post stroke Recovery” ,Speaker: Dr.Sreejith Choorapra, MD (PM & R), DNB, FIPM, Neuro rehabilitation specialist Thanal, Brain and Spine Medcity, Kannur. Dr. Nadeem Abootty presided over the meeting, which was attended by 34 members. Dr. Sreejith V proposed the vote of thanks.



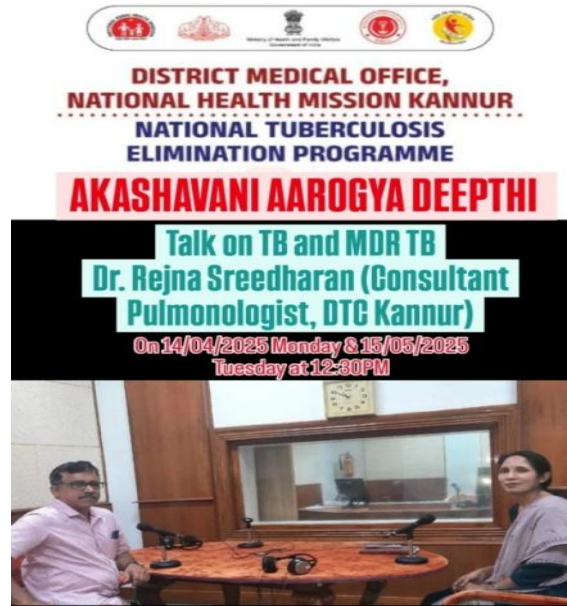
4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

07.04.2025: PPL PROMO MATCH

As the part of Professional Premier cricket tournament at Thalassery Municipal stadium. IMA Thalassery doctors eleven was invited for a match against PPL Professional eleven the match was inaugurated by Kerala Legislative Assembly Speaker Adv.A N Shamseer, doctors from IMA Thalassery defeated the PPL Professional eleven and behind the champions.



14.04.2025: Dr.Rejna Dilnath in ‘Akashavani Arogya Deepthi ’ program in FM Radio discussing about TB & MDR TB .



15.04.2025: Dr.Mini Balakrishnan in ‘Hello Doctor’ program in Kannur Vision channel discussing about Safe pregnancy and delivery.



15.04.2025: The rental vehicle arranged for the financially backward twin children from Muzhappilangad who are undergoing treatment at Hope. Dr. Nadeem Abooty, President of Thalassery handed over the vehicle rent to the Hope officials. The programme held at Hope, Pallithazha this morning. The programme was presided over by Zakir Kathandi, with Faisal Maniyath delivering the welcome speech and Hope Chairman Muneer Arayilakath delivered the vote of thanks. ANP Shahid, AK Zaheer, Mahboob Sadarmi, Latheef Seeba, Iqbal Kunjikandi, CP Zakaria, Nasar Pallikkandi, and Administrator Karunakaran also spoke at the event.



19.04.2025: GOVERNMENT'S MEGA PROGRAM 'POSHANPAKWADA 2025'

As part of implementing the government's mega program 'POSHANPAKWADA 2025', Dr. Mini Balakrishnan, State WIMA Vice Chairperson took a class for parents of Anganwadi kids of Muzhappilangad Panchayath on 19.4.25 at Muzhappilangad Panchayat hall. The focus of the interactive session was "First 1000 days- from antenatal to 2 yrs of a child. Around 40 parents participated in the interactive session.



5) PARTICIPATION IN STATE MEETINGS

16.04.2025: SSS 1 Membership Campaign at Kannur

SSS I Membership campaign at Kannur. As part of the SSS 1 membership campaign on 16.04.2025 at Thalassery, enrolled around 23 new members from Thalassery and various parts of Kannur district. State SSS I Secretary Dr. Vijayakrishnan attended the campaign and visited the various hospitals and members to enrolled the potential members. State Secretary Dr. Sasidharan, IPP Dr. Joseph Benevan, Past State Presidents Dr. Babu Raveendran, Dr. R. Ramesh (National Vice President Elect) join the campaign activity at GH Thalassery. Dr. Nadeem Abbooty (President IMA Thalassery), Dr. Sreejith V (Secretary IMA Thalassery), SSS 1 District Representative Dr. C Abubakkar was here along with the state leaders.



6)STATE PROGRAMMES

i)Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

2.4.2025-WORLD AUTISM DAY

Dr.Sreeja Viswan along with field staff of Mangattidam Panchayath visited Buds School, Mangattidam on 2.4.25.The team spent some time with these children and their teachers. Sweets were also distributed to them.



HEALTH DAY PROGRAM

6.04.2025: On the request of Sub Collector Thalassery, Shri Panigrahi IAS, IMA Thalassery organized a health camp on 6th April 2025 at Thalassery Municipal Stadium, as part of the World Health Day observance. The camp was held at the venue of the Revenue Department Interdistrict Sports Meet. Dr. Sreeja Viswan, Secretary, WIMA Thalassery, and Dr. Jayakrishnan M P, Neurologist, Tellicherry Cooperative Hospital, led the event. They conducted awareness sessions and provided free medical check-ups. Services offered included free blood sugar testing, blood pressure monitoring, and BMI estimation. The initiative was well-received and appreciated by participants and officials alike.



10.04.2025: In connection with World Health Day, a seminar was held at Mangattidam Panchayath hall on 10.5.25. Around 92 people including Anganwadi teachers, Kudumbasree and Asha workers and many ladies from the public attended the seminar. Dr Seethalakshmi, Senior Gynacologist, Thalassery Cooperative Hospital spoke on 'Health of Mother and Baby' and also on 'The importance of hospital delivery'. Dr.Rethika Srikumar, Senior Sinologist, Indira Gandhi Hospital, Thalassery, spoke on 'Preconception and Prenatal Diagnostic tests'.



7.4.25: As part of observing World Health Day, Dr.Sreeja Viswan delivered a talk on “Importance of promoting hospital delivery” at Mangattidam Panchayat hall. Around 30 ASHA workers and field staff of Mangattidam PHC attended the interactive talk.



25.04.2025: WORLD MALARIA DAY

In connection with 'World Malaria Day 2025', a Malaria screening camp was organised for migrant construction workers of Malabar Cancer Centre at their construction site on 25.4.25 by Dr.Dhanya Chandran in association with Kодиyeri PHC.



7) SUB COMMITTEE ACTIVITIES

Committee for ELS Training

29.04.2025: CLASS ON BASIC LIFE SUPPORT

Class on Basic Life Support (BLS) was taken for all staff of Comtrust Hospital, Kadirur on 29.04.25 in the conference hall of Comtrust Hospital. Around 70 staff including doctors attended. Dr.Nadeem Abooty ,President IMA Thalassery & Dr.Sreeja Viswan ,Secretary WIMA Thalassery and were the instructors.



8) SPECIAL PROJECTS BY BRANCH

Pain and Palliative Care Society

09.04.2025: Visit to IMA Thalassery Pain and Palliative Clinic

IMA Thalassery President Dr. Nadeem Abootty, Secretary Dr. Sreejith Valappil, and WIMA leaders Dr. Mini Balakrishnan and Dr. Sreeja Viswan visited the IMA Thalassery Pain and Palliative Clinic at General Hospital, Thalassery.

They acknowledged the exemplary work being done by our dedicated team of IMA doctors, led by Dr. Vanaja Raghavan, Dr. T. Ramesh, Dr. Pushparaj, and Dr. Sakkariya. The team also expressed deep appreciation for the tireless efforts of the volunteers who manage all aspects of care, including home visits.

Special thanks were extended to GH Superintendent Dr. Rajeevan V.K for his unwavering support in continuing the clinic's operations despite space constraints caused by ongoing renovation work.

We salute our doctors and volunteers for the compassion, commitment, and hard work they continue to demonstrate. No amount of donation can ever truly match the selfless service rendered by them in the field of palliative care.



Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon